

Gardening with Kids

Additional Resources/Show Notes

Recorded 3/17/22 by Autumn Shultz and Lois Maier for Rutherford County Master Gardeners and hosted by the Rutherford County Library System

Autumn and Lois discuss the importance, impact, and joy of gardening with children and what we can learn from them in our gardens!

- share fond memories and stories of gardening with kids
- give advice on how someone might get started gardening with kiddos
- inspire with tips/activities to do in the garden with kids
- provide info on Rutherford County Master Gardeners and Murfreesboro Community Garden

Resources:

- YouTube video: Getting There Green "Make Square Foot Seed Tape for Easy Seed Planting and Spacing" <https://www.youtube.com/watch?v=T9k5b1HU1B0>
- Jr. Master Gardening: "Paper Towel Gardening" <https://www.facebook.com/texas4h/videos/junior-master-gardening-paper-towel-gardening/1044155459301616/>
- Square foot gardening at Simply Smart Gardening.com Great downloadable reference sheet. <https://simplysmartgardening.com/square-foot-garden-spacing/>

- Rutherford County Master Gardeners: <https://rutherford.tennessee.edu/master-gardener-program/>
<http://www.mastergardeners-rc.org/>

Facebook: <https://www.facebook.com/MasterGardenersRutherfordCounty>

- Murfreesboro Community Gardening <https://www.murfreesborocommunitygardening.com/>

Kids activities: <https://www.murfreesborocommunitygardening.com/blog/categories/gardening-curriculum>

Facebook: <https://www.facebook.com/mborogarden>

- Montessori site with songs to sing. <https://carrotsareorange.com/spring-activities/>
- Kidsgardening.org <https://kidsgardening.org/>

Arrange words written on rocks to make a story/poetry. Lesson Plans, Garden Grants, newsletters on gardening basics

- Planet Natural.com <https://www.planetnatural.com/gardening-kids/>

Kid friendly garden, what to plant, themed gardens, seasonal adventures.

Books on Gardening:

Growing Vegetable Soup, Lois Ehlert

Eating the Alphabet, Lois Ehlert

Planting a Rainbow, Lois Ehlert

Yucky Worms, Vivian French

What's Inside a Flower?, Rachel Ignotofsky

Smithsonian: Trees, Leaves & Flowers and Seeds

Up in the Garden, Down in the Dirt, Kate Messner